

Dynabolan (nandrolone undecanoate)

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[\(nandrolone undecanoate\)](#)

For readers already familiar with some of my writings, it will come as no surprise that the first thing we'll need to do in examining [Dynabolan \(nandrolone undecanoate\)](#) is have a quick look at its structure. Firstly, we can see that this is a 19-nor steroid. In fact, this is just another type of Nandrolone, which means that it will share many, if not all of its traits with "Deca" ([nandrolone decanoate](#), trade name: Deca-[Durabolin](#)). As we know, Nandrolone is similar to testosterone, with the exception of the alteration of the 19th carbon atom. And the "Undecanoate" part of this drug's name (that's the ester, or the thing that slows its release into your bloodstream) provides a slightly longer release time than Deca has. If I can suggest that everyone takes one thing away from this profile, it's that this drug is more or less a slightly longer acting version of Deca, which means you need to employ it for a extended length of time to see results (12 week cycles are recommended when using this compound). Also, this long release time and the ubiquitous nature of Nandrolone's metabolites make it unsuitable for drug-tested athletes.

Before we go into all of the wonderful characteristics of this drug, let's discuss some of the less-than-wonderful aspects of it. Most [Side Effects](#) common with most AAS are also common with this drug: possible virilization (development of male sexual characteristics in women), gynecomastia, water retention, acne, hairloss, and possibly even sexual dysfunction... Being a Nandrolone, [Dynabolan](#) is also going to have the ability to stimulate the progesterone receptor 20% as well as progesterone does (1) (2). This stimulation of the progesterone receptor is primarily responsible for the suppressive effects that this drug will have on the body's natural endocrine system. Progesterone (and synthetic progestins, like Nandrolone) can reduce luteinizing hormone production. This hormone is secreted from the pituitary and stimulates testicular testosterone production. Anabolic/Androgenic Steroids (AAS) can also suppress this hormone's pituitary borne production by interfering with the Gonadatropin Releasing Hormone signal sent from the hypothalamus to the pituitary, which in turn also stimulates lutenizing hormone secretion. So it should be clear that this compound, through various mechanisms, will act to halt testosterone production in your body, as well as other important hormones. The now infamous "Minto" studies on Nandrolone have shown us that even a single 100mg injection of Nandrolone (although Undecanoate was not used, both a short as well as long ester Nandrolone product were used) will shut down endogenous (natural) testosterone production for a week, and will not return to baseline values until roughly 3 weeks later (3). [Dynabolan](#) will also aromatize (convert to estrogen) at a reasonably low rate, much lower than that of testosterone, for example. Given the estrogenic/progesteronic side-effects that this drug will have use of an anti-progesteronic drug (such as Bromocriptine at 2.5mgs/day) as well as perhaps some [Letrozole](#) (1mg/day) would be warranted. Regarding Nandrolone, most veterans of Steroid.com recommended the concurrent use of exogenous (injectable) Testosterone to avoid the possible sexual dysfunction associated with Nandrolone. In general though, it's difficult to imagine someone getting any [Side Effects](#) if dosages are kept at 400mgs/week or less (women would do well to keep dosages at or under 1/4 of that)

Now if all of that didn't scare you off or put you to sleep, we can get into the good parts of this drug. It binds well to the Androgen Receptor (AR), which has been positively correlated with enhanced fat-burning (4). This property makes it a great addition to a cutting cycle, although it can also be with great success in a bulking cycle as well.

And, since this is a Nandrolone (albeit not with the ester we are used to seeing it with), we can probably expect to reap all of the benefits that Nandrolones have been shown to have on bone mineral content and collagen (5). When using Nandrolone, little nagging injuries seem to go away for many athletes, and Steroid.com members consistently report that their joints feel better when using it. [Dynabolan](#) is also, being a nandrolone, very easy on the liver, although if someone has a pre-existing liver condition it should be avoided. Also, lipid profiles won't suffer (your HDL/LDL cholesterol), and could possibly improve a bit with use of this drug.

[Dynabolan](#) & Deca

Weight and strength gain with this drug is moderate and users report more of a "kick" than they usually get with regular Deca. Besides binding well to the AR, this drug also operates via several non-Androgen Receptor mediated mechanisms, such as increasing protein synthesis and increasing Creatine Phosphate Synthesis. This is also one of the few drugs that won't negatively impact your lipid profile (cholesterol). Most users report that weight gains are of a high quality with this drug, and represent a favorable change in body composition. This would be especially true if it were stacked with testosterone and proper ancillaries.

Hypothetically, if I were to use this compound to bulk up, I'd use 400mgs/week of it along with 500mgs of a long-estered Testosterone (Cypionate or Enanthate), along with the ancillaries I've previously mentioned. If I were to use it in a cutting cycle, I'd use a short ester Testosterone (most likely Propionate) at that same dose (500mgs/week), as well as [oxandrolone](#) at 50mgs/day and I wouldn't forget the ancillaries. I'd also consider this drug to be appropriate for use in a 12-16 week long cycle. Due to the highly suppressive nature of this drug, a very aggressive Post Cycle Therapy would be necessary, and I'd recommend taking [Clomid](#) at 100mgs/day as well as [Nolvadex](#) at 30mgs/day for a month and [HCG](#) at 500iu/day for 3 weeks. I'd also caution anyone who is going to use this drug to avoid stacking it with a Trenbolone product, as combining 2 steroids which stimulate the progesterone receptor isn't a great idea.

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And that leaves us with the final question: Is this stuff actually available? The answer is yes and no. Actual [Dynabolan](#) is very hard to obtain even though it is still in production, and fakes would be an issue, as would cost. On the other hand, [nandrolone undecanoate](#) (not the brand-name product "[Dynabolan](#)") is made by several underground labs (Dpharm, for example, produces it), and is relatively cheap. Expect to pay slightly more than you would for Nandrolone with the Decanoate ester; anything under \$50 for a 10ml bottle of 100mg/ml strength is a fair black market price.

[nandrolone undecanoate](#)

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[Nandrolone: 19-Nor-4-androstene-3-one,17b-ol]
Molecular Weight (Nandrolone w/o ester): 274.4022
Formula (of base): C18H26O2
Formula (of ester): C11 H22 O2
Melting Point (of base): 122-124 ° C
Manufacturer: Farmasister (Italy), Theramex (France-Discontinued)
Release Date: 1992
Effective Dose: 200-600mgs/wk (men); 40-80mgs/wk (women)
Active life: 8-10 days
Detection Time: Up to 18 months
Anabolic/Androgenic Ratio: 125:37

