

Anabol

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[Anabol](#) is the brand name of the generic steroid known as [methandrostenolone](#). In the world of athletics and bodybuilding, [Anabol](#) is considered as one of the best forms of steroids a person who is not involved in non-aerobic sports can take. Basically, it works by:

- Increasing the way your body synthesizes protein
- Enhancing your glycogenolysis (the repletion of your glycogen levels after exercising); and
- Stimulating your strength in a more fast-acting and direct manner.

Immediate results

[Anabol](#) is well accepted by bodybuilders because it works faster than other steroids. They generally experience immediate results after just a few uses. Furthermore, short-term uses of this steroid do not immediately shut down the way the body naturally produces testosterone compared to other androgenic compounds.

Effects

The effects of [methandrostenolone](#) are often dependent on the dosage or how much you are taking. At high doses of 30mg or more everyday, it can still provide you with [Side Effects](#) that are caused by the mild androgenic it contains. Among these [Side Effects](#) include male pattern hair loss and acne. Smaller doses, however, can provide you with better results especially if you take them several times a day. In fact, the results are more evident if you take it in smaller doses around 25mg to 40mg. Also, its [Half-Life](#) in your body is only good for 3 to 6 hours so spreading your doses to 3 to 4 times is a good idea for achieving better results compared to 1 to 2 doses.

Tips on very small doses

If you are taking [Anabol](#) in moderate doses, it is ideal that you take a single dose in the morning only. The result delivers a much higher peak and increased survival of the steroid. However, since its [Half-Life](#) is short, your body clears it faster before it can even produce bigger amounts of natural testosterone when you're asleep. So, small doses are recommended to supplement other forms of steroids after a cycle ends.

Cheap and safe

[Anabol](#) is considered safer and cheaper compared to other types of steroids that can be injected or taken orally. However, it is best used for short-term purposes only in a cycle, around 5 to 6 weeks if you are trying to increase your muscle. The injectable form is most preferred since it provides a better kick-start in weight and strength gain. If you are interested to learn more about it, you should start exploring SteroidSources.Com today.

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